



SPS Diagnostics & Treatment

www.SPScinical.com

Assessment Services

- Attention Deficit Hyperactivity Disorder (ADHD)
- Anxiety Disorders
- Autism Spectrum Disorder & Social Communication Disorder
- Behavioral /Conduct Problems
- Cognitive Functioning & Neurocognitive Disorder
- Communication Disorders
- Learning Disorders
- Mood Disorders
- Personality Disorders
- Psychopathology
- Relationship Problems
- Traumatic Stress

Therapy Services

- Individual
- Couples
- Family
- Group
- Parent Support

Holly Bearden, M.A., M.S., Ed. Diag., Ph.D.

Post-Doctoral Resident

Dr. Holly Bearden is a post-doctoral resident specializing in the assessment and treatment of autism and ADHD across the lifespan. She has experience working with children, adolescents, and adults and is particularly interested in helping individuals and families better understand neurodevelopmental differences and their impact on everyday life. Her approach emphasizes individualized, neurodivergent-affirming care and recognizes each person's unique pattern of strengths, challenges, experiences, and support needs.



Find Out More About Services With SPS

SPS accepts Aetna, Anthem, BCBS, BSW, Cigna, Carelon, Humana, Triwest, Optum, Oxford, UMR, UHC and more. We also offer Care Credit and out-of-network benefit coordination.

SPScinical.com

info@spectruspsych.com

(940) 205-8335