



SPS Diagnostics & Treatment

www.SPScinical.com

Assessment Services

- Attention Deficit Hyperactivity Disorder (ADHD)
- Anxiety Disorders
- Autism Spectrum Disorder & Social Communication Disorder
- Behavioral /Conduct Problems
- Cognitive Functioning & Neurocognitive Disorder
- Communication Disorders
- Learning Disorders
- Mood Disorders
- Personality Disorders
- Psychopathology
- Relationship Problems
- Traumatic Stress

Therapy Services

- Individual
- Couples
- Family
- Group
- Parent Support

Ashley Griffith, B.S.

LPC Graduate Intern

Ashley Griffith is a graduate intern providing psychotherapy for individuals ages 17 and older. She works with clients experiencing a variety of general mental health concerns and provides a supportive, collaborative environment for developing greater insight, coping skills, and meaningful change. Ashley incorporates Rational Emotive Behavior Therapy into her clinical work, helping clients identify and challenge unhelpful beliefs and develop healthier, more flexible ways of thinking, responding, and approaching life's challenges.



Find Out More About Services With SPS

SPS accepts Aetna, Anthem, BCBS, BSW, Cigna, Carelon, Humana, Triwest, Optum, Oxford, UMR, UHC and more. We also offer Care Credit and out-of-network benefit coordination.

SPScinical.com
info@spectruspsych.com
(940) 205-8335